

AFOOFA

All-For-One-One-For-All

Niagara Folk Arts Multicultural Centre Newsletter

Edition for the City of Grimsby

The Host Program: a Friendship that makes a World of Difference!

Fall 2010
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During its 42 year history the focus of the Niagara Folk Arts Multicultural Centre has grown and changed in response to community need. It has become a vital Multicultural Centre providing a wide range of services for new immigrants including Settlement assistance, ESL instruction, Child Care for parents attending ESL classes, Employment Service, programs for women and youth, and other community development projects and services. Every year more than 200 thousand immigrants settle in Canada. The majority, approximately



65% in the last 5 years, are skilled workers, seeking a better future in this country.

The *Host Program*, an initiative funded by Citizenship and Immigration Canada, helps new immigrant adults and families adjust to life in Canada and learn about local cultural values and traditions. "Host" volunteers provide friendship to newly arrived immigrants. Canadian volunteers are matched

with immigrants to lend support, help with language barriers, and show Newcomers about life in

Canadian communities. The matches are based on criteria such as similar interests, age and profession. It is a great opportunity to make friends, share culture, language and even food while helping someone new to the country.

We provide services in Grimsby, Lincoln, St. Catharines, NOTL & Niagara Falls.

Get involved!

905-685-6589 Ext. 241
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Multifaith Calendar



Mon. Oct. 11
Thanksgiving—Canada
Oct. 17
Dussehra—Hinduism
Oct. 20
Birth of the Báb—Bahá'í
Nov. 2
All-Souls Day—Catholic
Nov. 5
Diwali - Hindu, Jain, Sikh
Nov. 16/17
Eid-ul-Adha
Nov. 28
First Sunday of Advent—Christian
Dec. 1
Hanukkah—Judaism
Dec. 16:
Ashoura—Islam

A Beautiful Friendship Experience

By Norith Salinas

Rachelle Mohr, of Beamsville, has been a 'host-friend' to Katia Perez for almost 2 years now, and it seems that they have started a friendship that is lasting longer than the initial expected 6 month commitment.

Katia Perez moved from Colombia almost 3 years ago. She lives in Grimsby with her family and due to transportation restrictions, the adaptation process was

difficult; but her 'host-friend' Rachelle has made a difference. Here are some of the things Katia has said, "I never thought that in Canada people could be like this, so generous and friendly. Host Program volunteers do amazing things for newcomers. Thanks Canada!"



Grimsby's British Past & Multicultural Future

By Maureen Conley & David Cuthill

Grimsby was founded in 1790 by Loyalist settlers who left the newly independent United States for British North America (now Canada). Over the next 200 years, Grimsby became a centre for fruit farming, light industry, and wine production. For a while, Grimsby Beach was a very popular resort, with summer cottages and an amusement park. Some of the first moving pictures in

Ontario were shown there! Today, Grimsby has a population of 26,000 with newcomers arriving all the time. Since its start just over a year ago, our English Conversation Circle has welcomed participants from around the world. Please join us at the Grimsby Public Art Gallery every Wednesday at 5 p.m. We look forward to new faces, firm friendships and happy memories.



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Produced by the
HOST program Department
85 Church Street, St. Catharines

For more information
visit us in our Website:
www.folk-arts.ca

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For comments and suggestions please
write to nsalinas@folk-arts.ca

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Ministry of Citizenship & Immigration, United
Way of St. Catharines, City of St. Catharines and
The District School Board of Niagara.

THANKSGIVING and the Harvest Time

In agriculture, the harvest is the processes of gathering mature crops from the fields. The harvest marks the end of the growing season, or the growing cycle for a particular crop, and this is the focus of seasonal celebrations of many religions.

In Canada, the end of the Harvest season is connected to the Thanksgiving Holiday. Established as statutory holiday back in 1957 and described by the Parliament as "a day of general thanksgiving to almighty God for the bountiful harvest with which Canada has been blessed".

One of the most common crops harvested this time of he year are pumpkins, which are widely used for Halloween decoration and various cooking recipes. Here a sample:

Very easy Pumpkin Pie

- 1 cup canned pumpkin (not pumpkin pie mix)
- 1/2 cup Original Bisquick mix
- 1/2 cup sugar
- 1 cup evaporated milk
- 1 tablespoon butter or margarine, softened
- 1 1/2 teaspoons pumpkin pie spice
- 1 teaspoon vanilla
- 2 eggs



1. Heat oven to 350°F. Grease 9-inch pie plate.
2. Stir all ingredients except whipped topping until blended. Pour into pie plate.
3. Bake 35 to 40 minutes or until knife inserted in center comes out clean. Cool 30 minutes. Refrigerate about 3 hours or until chilled. Serve with whipped topping. Store covered in



Upcoming Events

HOST Program
English Café/Conversation Circle
Every Wednesday
5:00 p.m. to 6:30 p.m.
at the Grimsby Public Art Gallery
Cooking Club
To be announce

Special Thanks to...

Our Partners
Grimsby Public Art Gallery
18 Carnegie Lane
Grimsby, ON L3M 1I1
Employment Help Centre
63 Main St. West Unit 6
Grimsby, ON L3M 4H1

Our Conversation Circle
Facilitators:
Philippe Desmarais
Paul Hutchinson
Maureen Conley &
David Cuthill.

Halloween Safety TIPS for the Trick or Treat Night

- Avoid Halloween masks that have limited vision. Halloween make up is a better option.
- Carry a bright flash light with new batteries.
- Wear comfortable proper fitting shoes while trick-or-treating. Sneakers are recommended. Make sure your shoe laces are properly tied.
- Always walk. Do not run, and stay on sidewalks as much as possible.
- If there are no sidewalks walk single file in the direction facing traffic.
- Cross the street only at corners (Do not criss-cross the street).
- Do not cross or walk on people's lawn. There could be unseen items such as rakes or garden hose that you could trip on.
- Only visit houses that have lights on. Not everybody participates in Halloween
- Always knock on the front door. Never go to the back of a house.
- Never go into a strangers house even if asked.
- Carry a spare treat bag in case yours break.
- Be polite and remember to say thank you.
- Never eat candy while trick or treating. It should always be brought home and inspected first.



SUPERSTITIONS



Finding a four leaf clover is good luck



An open umbrella in the house is unlucky

If you say something is good, knock on wood to retain the good luck



If your ears are burning, someone is talking about you



If you cross your fingers, your wish may come true